

Important Information

Your treatment will not succeed without your full co-operation.

In particular:

- You must continue to visit your general dental practitioner regularly for routine dental care
- You must wear your appliances as instructed
- You must clean your teeth and appliances regularly and thoroughly
- You must avoid hard or sticky foods, sugary or fizzy drinks and snacks between meals
- You must keep your appointments for the appliances (braces) to be adjusted regularly

Broken or lost appliances

Take good care of your appliances to avoid breakages. If an appliance breaks or is lost, contact the practice as soon as possible on the telephone number overleaf. A charge may be made to replace badly broken or lost appliances.

Retention

You must wear your retainers as directed otherwise your teeth will not remain straightened.

Private treatment

Orthodontic treatment may only be provided either wholly under NHS arrangements or wholly privately.

Emergency treatment

Whenever possible please contact us about urgent treatment during normal surgery hours. If you need to be seen the same day, please get in touch as early in the day as possible. If an emergency arises out of hours, you can call NHS 111. They can give you details of out-of-hours dental services in your area.

Further information:

Should you have any questions regarding your treatment please ask your orthodontist